

Monday	Tuesday	Wednesday	Thursday	Friday
Legs, Bums & Tums 6.30pm - 7.30pm (b)	TRX 7.30am - 8.30am (b)	50+ Exercise to Music 10.00am - 11.00am	Pilates 9.15am - 10.15am	Walking Football 10.30am - 12.00pm
Pilates 7.30pm - 8.30pm (b)	Zumba 9.30am - 10.30am		Legs, Bums & Tums 6.00pm - 7.00pm	
Yoga 8.30pm - 9.30pm	Yoga 1.00pm - 2.00pm			
	Bootcamp 6.30pm - 7.30pm			
<p>Exercise Class Prices (except 50+ Exercise to Music and Walking Football - £4.30 per class) Direct Debit Members - FREE / Members - £5.60 per class / Non-members - £7.00 per class</p>				
<p>Indoor Sports Hire (Badminton, Table Tennis, Basketball, Football) One Court (for Badminton or Table Tennis) - £9.30 per hour Monday - Friday / £7.20 per hour Weekends.</p>				
<p>MUGA [Multi-Use Games Area] Hire Our outdoors MUGA can accommodate football, basketball and tennis - £27.80 per hour Monday to Sunday</p>				

SOUTHWATER LEISURE CENTRE

Your local gym & sports centre

MEMBERSHIP FEES AND EXERCISE CLASSES

Find us on

Pevensey Rd, Southwater RH13 9XZ

leisure@southwater-pc.gov.uk

Tel: 01403 733208



		Annual Membership Fee ¹	Gym Induction ²	Single Gym Session	Per Month (Direct Debit)	Per Year ³
		<i>Per Person</i>	<i>Per Person</i>	<i>Per Person</i>		
Adult		£18.00	£12.00	£5.00	£32.50	£325.00
Junior (11-16)*		£9.00	£12.00	£4.00	£20.00	£200.00
Student & Concession		£9.00	£12.00	£4.50	£25.00	£250.00
Senior Citizen (60+)		£9.00	£12.00	£4.00	£20.00	£200.00
Couples**		£18.00	£12.00	<i>Not applicable</i>	£51.50	£515.00
Family*** (up to 3 Juniors)	Adult:	£18.00	£12.00	1 Adult:	£52.50	£525.00
	Junior:	£9.00	£12.00	2 Adults:	£72.10	£721.00

	Exercise Class	Gym Session
Non-Member	£7.00	<i>Not Available</i>
PAYG Member	£5.60	£5.00
Direct Debit / Year Upfront Member	FREE	FREE

¹Due annually. ²Induction is a one off fee and must be completed prior to use of the gym. ³All conditions and benefits of a Direct Debit membership apply. *Only cardiovascular equipment can be used for 11-15 years; a free weight induction will be available at 16 years. **Partners must be living at the same address and payment made from the same account each month. ***Payment made from the same account by Direct Debit. T&Cs: Monthly payment must be in the form of a Direct Debit. Direct Debit holders must be 16 or over. Under 16's must have their direct debit paid for by a responsible adult. Direct Debit memberships are payable in advance, the remainder of the current month and the following month paid on application. Payments are taken on the 27th of each month. Direct Debit/Upfront Members are entitled to unlimited use of the gym and unlimited centre run classes (16+ only). All prices subject to change in April 2020.